



## IIMSAM NEWS BULLETIN #002096

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**IIMSAM'S EXO-HUMANITARIAN ACTIVITY-GOODWILL AMBASSADOR IN MEXICO ARCHITECT MRS. LAURA SEPULVEDA DISTRIBUTES FOOD SACHETS & ITEMS AS WELL AS NUTRITIONAL AWARENESS TO SENIOR CITIZENS IN UNDERPRIVILEGED RURAL AREAS IN MEXICO. IN SUPPORT OF THE UN - SDGS DECADE OF ACTION 2020-2030.**



**2 ZERO HUNGER**  


**3 GOOD HEALTH AND WELL-BEING**  


**17 PARTNERSHIPS FOR THE GOALS**  




The town of Santa María Magdalena is located in the Municipality of Querétaro (in the State of Querétaro Arteaga). There are 11,304 inhabitants, and it is the most populated town in 6th position of the entire municipality. A large number of senior citizens do not have access to a balanced diet and with severe damage to health due to a lack of opportunities and knowledge to make efficient use of the inputs they have and know how to take advantage of them.

Last Thursday, June 23, in this community, an informative workshop was held through IIMSAM in partnership with a local grassroots organization GRANDEZA DE LAS MUJERES MEXICANAS, which organizes workshops on the benefits of taking care of a balanced diet, access to health systems, and promoting community development. They received a presentation on the psychosocial and emotional factors to live a dignified life during their old age. Also, at the end of the interaction, they received a grocery pantry for each participant as support and gratitude.

PHOTO AMBASSADOR LAURA SEPULVEDA WITH INDEGENOUS GOVERNMENTAL.



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